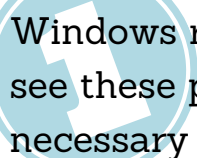




Simple Home Network Security Tips

Improve Your Laptop or PC Performance

 Windows relies on many programs (called *services*) to run (execute). You don't see these programs (*they're called background processes*), but they are necessary for the applications you use to work.

When Windows starts, it also looks at the apps in your Windows Startup settings. Any application that is turned on will immediately start and continue running. This can affect the performance of your computer. Each application uses memory and system resources.

Application providers sometimes set their services to run at startup even though it isn't necessary. To help your computer run more efficiently, you can turn off applications that don't need to run at startup.

Hint: If you know what the app is, then you can safely turn it off. If you aren't sure, then ask us or do a Google search. You might search for "why does <app name> run at startup" or "does <app name> need to run at startup".

1. Right click the Windows icon on your taskbar.
2. Right click Settings
3. Click Apps
4. Click Startup
5. Click the On/Off button





Simple Home Network Security Tips

Strong Passwords Matter



Using strong passwords is a simple step you can take right now to help protect yourself.

Try our free password strength checker to create more secure passwords.

<https://quest-technology-group.com/password-strength-checker>

Uninstall Apps Wisely



It's tempting to remove apps that you aren't using. This frees disk space and is good housekeeping. But be sure you know what the app does before you remove it.

Search for "what is <app name>". If the answer leaves you wondering what it means, then don't install it. Ask us. We'll be happy to help you determine if the app can be safely removed.

You Have Antivirus Protection



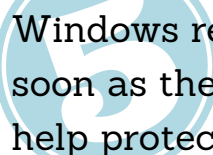
If you are our Home Network Security customer, then you have the latest proactive antivirus services. Don't turn on Windows Defender or install another antivirus application.





Simple Home Network Security Tips

Run Windows Updates Automatically

 Windows releases updates often. It's important that you apply these updates as soon as they are available. Many of these updates address security issues that help protect you.

1. Right click the Windows icon on your taskbar
2. Right click Settings
3. Click Update & Security

If your laptop or PC is part of your company's network, your updates might be managed by your company's system administrator. If so, you will see "Some settings are managed by your organization."

If you see the option to enable automatic updates, then turn it on.

